



The Church of Scotland

stepps parish church

# PROSPECT

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At the heart of our community,  
celebrating faith and life to the full,



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## **WORLD MISSION : FOOD SECURITY**

The World Mission Council is the channel through which the Church of Scotland responds to the command of Jesus “Go into all the world and preach the good news to all creation” (Mark 16:15)

The following article is taken from this month’s issue of WM magazine which focusses on Food and Harvest. Free copies can be uplifted from the World Mission Noticeboard in the Lesser Hall.

Having a regular intake of food is something that we in Scotland tend to take for granted. But if you happen to be living with HIV, having access to food is even more important. Antiretroviral (ARV) medication enables people living with HIV to lead a relatively normal life; but without food, the ARVs can have unpleasant side effects, so unpleasant that it can put people off taking them, giving the virus the chance to thrive again, to the detriment of people’s health.

The Church of Scotland HIV Programme has been supporting projects such as Mwandia Mission Hospital’s AIDS Programme Nutrition project in Zambia. Money raised by churches such as ours\* in Scotland has allowed Brightone, the nutritionist at Mwandia, to buy good nutritious food. This is distributed to adults and children living with HIV, whose BMI (body mass index) is lower than 18.5.

Brightone writes: “On average we supply food to about 40 clients per month. We have had continuous admissions to the hospital of patients suffering from malnutrition linked to HIV: both men and women brought in are very wasted and weak. They have often defaulted on treatment due to distance travelled to access ARVs. These families we have helped; initially in the hospital with Ensure- a nutritionally balanced porridge, eggs and soya. Later on discharge they go home with a starter kit containing basic needs for them and their family.” Brightone is convinced that without such regular monitoring and assistance, many more people would have died from AIDS-related illnesses.

(\* The proceeds from our church’s annual Souper Sunday event directly supports nutrition-focussed projects such as this)

## **PRAYER (from Mwandu Mission Hospital)**

Gracious God, source and giver of all good gifts, we praise and worship You;

You love and care for each one of us, even better than the most loving parent.

You provide us with our food at the right time, and when we need it; we take hold of it from Your open and loving hands, and bless You as you continue to fill us with good things.

Help us, Son of Righteousness, as You did here on earth, to feed the hungry, water the thirsty, welcome the alienated, clothe the naked, treat the sick and visit the jailed. And help us to realise that by loving and serving the least and the needy, we are loving and serving You.

This we ask through Jesus Christ our Lord. Amen.

## **Friendship Club**

Our new session resumes on 3rd October when we gather at 1.15p.m. as usual in the lesser hall for our opening meeting - "Let's Celebrate....."

Then on 17th October we are having Miss Melanie Menzies of N.L. C. who is coming along to advise us on "Falls Awareness" and how to prevent some of these.

On 31st October - again courtesy of N.L.C - we are having a trip down memory lane as we are "Going to the Pictures" (without leaving the hall).

The Committee looks forward to welcoming all our members and anyone else who would like to join us

*Kate Houston*

*Secretary*

## **Holiday Club**

The Guardians of Ancora had a great time this year at Holiday Club. Stories, videos, games, songs, keep fit and lots of fun made this a super time. We had 4 mornings of coming together to listen to stories of Jesus helping people and trying to emulate his help and kindness in Holiday Club. Many thanks to all my elder guardians, the young people from Bible class and everyone who donated fruit, juice and items of treasure. Without all this help, Holiday Club would not take place. Elder guardians, please keep your t- shirt for next year!

*Esther*



## Lodging House Mission Harvest Appeal 2016

Dear Friends,

I am sure like us here at the Lodging House Mission you would agree that the year seems to be passing by very quickly. As a result, harvest time will soon be upon us.

We are very grateful for all the harvest gifts that we receive from churches and schools not just from Glasgow but further afield. Without such kindness we would not be able to provide healthy substantial food to our service users. From January we removed the small lunch charge and now provide free breakfast and lunch to approximately 100 service users each day.



As you can imagine, it takes an enormous amount of time and energy to sort out all the produce that we receive; normally over 100 harvests. Not only are time and energy required but we need space to be able to store everything in their correct use by dates so that nothing goes to waste.

To help us achieve this goal we would very much appreciate that you stick very closely to the list provided on the separate sheet. This list has been compiled by the kitchen staff after carrying out a comprehensive stock take of what we have in store at the moment and how long it will last.

You will see from the list that we have removed tea bags. We have tea bags in stock dated until 2018 so this removal is only temporary.

We also acknowledge that many congregations prefer to give us a financial donation and this will also be very much welcomed. Financial donations help us with our meat, fish, vegetables, eggs, milk and other items we need throughout the year.

Many thanks once again and please continue to help us in whatever way you can.

Gus McKay  
(Chaplain)

## **Fruitfulness on the Frontline**

After the summer break we are going to recommence our Fruitfulness on the Frontline study series on Tuesday 13th September at 7.30pm in the East Trancept Chapel. This will run for 5 weeks. This is an opportunity to explore how our actions and inactions can shape the world around us and how we might best portray a life based on Christian values in today's society. Please come along and join us for all or some of these evenings.

## **Harvest**

For those that like to plan in advance, we expect to hold our Harvest service on Sunday 9th October this year. As ever we will be collecting donation for the Lodging House Mission. Liz Ashmole, our congregational representative, will inform us as soon as she is able on what food stuffs are most needed by the Mission this year. Keep an eye out in the weekly notices at church or in Prospect for a full list

## **Feeling Active and want to raise money for charity?**

The annual Lodging House Mission sponsored cycle event is being held on Saturday 3rd September at 10am this year. The route runs from Glasgow Green to Clydebank, returning to the lodging House Mission beside Glasgow Green for refreshments. The route is 18.5 miles.



Anyone interested in attending can find more information by contacting Helen on 0141 552 0285 for an application form.

If walking is more your thing then.....

There is a sponsored walk at Whitelee Windfarm, Eaglesham Saturday 10th September 11am – 3pm 3 or 7 miles Take a trip to the UK's largest onshore windfarm with Christian Aid. Whether you take the long or short route, you'll hear powerful stories about the people we work with. As you walk around some of the 215 turbines located at the site we will tell you about those affected by water shortages and climate change. So much more than a sponsored walk you will get a real sense of why wind power



is important to Christian Aid! To register visit [www.christianaid.org.uk/anotherway](http://www.christianaid.org.uk/anotherway) or call 0141 221 7475

## **Bible Reading Rota**

Over the last couple of years, a few of our regular Bible Readers have had to give up. Anyone who would like to join the rota, is asked to see Mhairi Moore. The rota is made up three months at a time so everyone will have plenty of notice. Gordon always contacts the Reader the week before, and will give a note of the exact readings.

*Mhairi Moore*

## **4U@SPC and the Duke of Edinburgh's Award**

Our young people in 4U@SPC who have been participating in the Duke of Edinburgh's Award received their Bronze Certificates and Badges at a Presentation Ceremony in Cumbernauld, hosted by North Lanarkshire Council. The girls completed sections in Volunteering, Skills, Physical Activity and Expeditions. Congratulations go to Chloe Fraser, Emma Morrison, Joanne Denney, Anna Craig, Alison Ross, Katie Fitzsimmons and Jennifer Russell.



Although we are continuing to co-ordinate the Duke of Edinburgh's Award, Les and I have decided to 'retire' from the 4U@SPC. We would like to thank all who have supported us in our 4U@SPC/DofE activities over the years. Summer Barbecues, Congregational Meals, Sports Evenings, Recipe Book, church services, clothing for refugees and 'Carols by Candlelight' have all been generously supported by the Congregation and beyond, and we are very grateful for this support. Over the last ten years, 4U@SPC /DofE has raised £7,915 for charities including TearFund, Glasgow City Mission, Comfort Rwanda, Mary's Meals and Glasgow, the Caring City. We have thoroughly enjoyed working with these young adults: ten pin bowling, swimming, orienteering, hillwalking, ice skating,



and having meals together have kept us on our toes - and no doubt the continuing DofE Group will do the same!

*Les and Mhairi Moore*

## **Glasgow, the Caring City Appeal**

The support for the Glasgow, the Caring City appeal from the Congregation and community at large has been amazing. Over 450 large bags have been deposited with the charity and thousands of refugees will have benefitted greatly from your generosity. We are having one final run to the warehouse in a few weeks. If anyone has any more clothes they wish to donate, could they please contact Les or Mhairi before Friday 16 September? We have been overwhelmed by the enormous response this appeal generated and we would like to record our thanks for your incredible support. Thank you!

*Les and Mhairi Moore*

## **Sunday Club**

We hope everyone has enjoyed the summer break, Sunday Club has now started back and we are meeting every Sunday of term time at 10.50 in the main Church Hall as usual. We welcome all children aged 3 to those in primary 6, including those children whose parents do not attend worship on a Sunday morning. So far this term we have been looking at the importance of Sabbath day and the children discussing what they get up to on Sundays. I think some of the answers might surprise their parents and grandparents!

We are looking forward to jointly participating in this years Harvest Service with the Girls Brigade and of course there are all the other events that will take place like the Gift Service, Nativity and most importantly the Party in December. Our Holidays this year will be September 25th and October the 16th and 23rd

If anyone would like more information about Sunday club please have a look at our page on the Church website or feel free to contact Jacqueline Hoy on 07535184631 or e-mail Jackie.hoy @btinternet.com.

## **Robert Thomson**

June and the family would like to thank you all for the cards letters flowers and visits

and for your attendance at Robert's service on August 4th and for the donations amounting to £400 which have been distributed between Ward 33 GRI and Beatson Cancer Care.

Myself and Robert were always very aware of the care, concern and support of the whole church family since his diagnosis in November 2014 it sustained us through some dark and frightening days and we were very grateful.

Thank you all once again.

God Bless

*June*

## **Welcome Group**

Sept 4. S. Baker. J. Bennie. H. Corbett. M. Crawford. J. Burns

Sept 11. K. Davidson. A. Green. J. Hamilton. J. Hope. H. Corbett

Sept 18. L. Maxwell. M. Moore. R. McGovern. S. MacLean. A. Green

Sept 25. C. McLaren. J. McLaren. B. McNeill. M. Mitchell. J. Hope

## **Tea Rota**

Sep 4th Ellen Baird, Margaret Crawford, Jean Christie.

Sep 11th Helen Baker, Anne Green, Jean Christie.

Sep 18th June Bennie, Ella Corbet, Jean Christie.

Sep 25th Betty McNeil, Eleanor Patrick, Sandra McLean.